



# Programme for European Blind Fencing Camp 16-20 of August 2018 in Sweden

## Thursday 16

Arrival to Arlanda Airport. Transport to the hotel with minibus.

Dinner at restaurant Sorbon, Kvarnbacksvägen 135 (when you want between 18.00 and 20.30)

## Friday 17

09.00 Minibus leaves from hotel /Bus 117 leaves from Brommaplan at 9.01. Get off at stop "Bromma sjukhusgrindar"

Arrival at Beckis, Söderberg Allé 80.

09.30 Opening and demonstration of the facilities and fencing equipment.

10.00 - 12.00 Each country presents their participants and how they practice blind fencing.

12.00 - 13.30 Lunch

13.30 - 15.00 Three rotating groups training half an hour with Alain, Giancarlo and Jorge+Adrián

15.00 - 15.30 Break

15.30 - 16.30 Fencing exercises

16.30 - 17.00 Evaluation of the day

19.00 Dinner at restaurant East Ocean, Drottningholmsvägen 413, Brommaplan

## Saturday 18

09.:30 - 12.00 Rotating individual training

12.00 - 13.30 Lunch

13.30 - 15.00 Two options:

1. Workshop on competition rules and future collaboration
2. Simulation of competition

15.00 Bus back to hotel

17.00 Gathering outside metro station Brommaplan

18.00 Guided walk with Emil in the Old town

19.00 Dinner at restaurant Blå dörren, Södermalmstorg 6 in City

Later transport to hotel in groups with SL cards

## Sunday 19

09.30 - 16.00 Competition

12.00 - 13.30 Lunch

16.00 Closing of the event

19.00 Dinner at restaurant East Ocean, Drottningholmsvägen 413, Brommaplan

Any doubts call Emil at +46(0)76 235 66 39

